



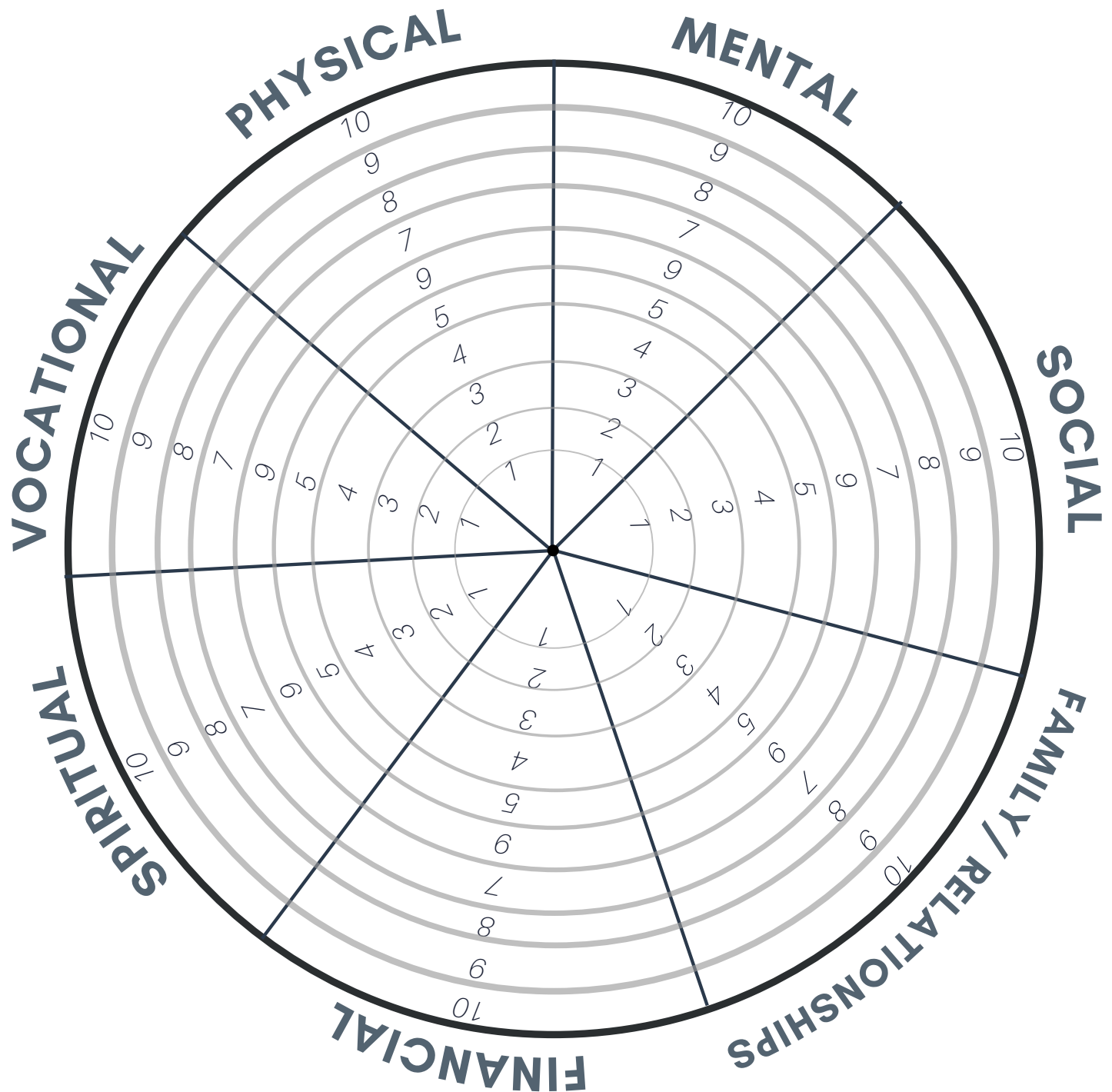
# **WHERE ARE YOU AND WHERE WOULD YOU LOVE TO BE?**

*WHEEL OF LIFE ASSESSMENT*

*Bert Astacio*

# WHEEL OF LIFE ASSESSMENT

*Rate these aspects of your life from 1-10.  
(10 being the best this could be)*



# WHEEL OF LIFE ASSESSMENT

We move efficiently, like a round wheel,  
when we are balanced in life.

Imbalance causes lack of clarity, decreased energy, unnecessary  
life problems, and living a dead existence.

This isn't how we are supposed to live.

***Connect each number inside the circle.***

***Reflect on the following questions:***

*How balanced is your life...would this life wheel roll?*

*What areas need attention?*

*Where are you doing well?*

*What goals can you make to create more balance for the weaker areas?*

.....

## NOTES

---

---

---

---

---

---

---

---

---

---

Living an empowered life takes clear direction and goals.  
Join my **goals class** to help you do just that.



*To learn more about the upcoming **GOALS CLASS**,  
click here.*

GOALS CLASS

*For a **complimentary consultation call**, click here.*

BOOK NOW

*For more information, connect with us:*

Visit our Facebook Page



Email Me



Book a Call



Visit My Website



*\*buttons in this file are clickable and will redirect you to external sites\**

## NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.